

Date: Mar 8, 2024

To: ALL STUDENTS

From: The Director of the Health Care Service Center

Regarding: The Annual Student Health Examination 2024

In accordance with School Health and Safety Act, we will be conducting routine health examinations for all students as detailed below. Be sure to undergo this medical evaluation to assist with the detection of serious infectious diseases, such as tuberculosis at an early stage and to gain an objective awareness of your current condition.

1. Health Exam Schedule

The exam will be conducted during the four days of April 8 (Mon.), 9 (Tue.), 10 (Wed.), and 11 (Thu.), 2024. See the schedule listing designated health exam dates and times for each gender/academic year.

To avoid congestion, we urge you to have your health exam on your designated date and time. If you are unable to come on the designated day and time, please be sure to contact the Health Service Center (075-724-7173) before the health exam.

2. Where do I go?

The health exam will take place on the 60th Anniversary Hall (East Campus), the gymnasium, and in a mobile x-ray bus.

3. What should I bring?

- Student ID Urine Test Container Mask Slippers
- Thin plain t-shirt (for the x-ray) Glasses or contact lenses (if you use them)

4. Before the day of your health exam, be sure to pick up a urine test sample kit.

These are available beginning April 3 at the Health Service Center entrance and at the 1st floor lobby of Center Hall. (see map)

5. What examinations are involved? What do I need to know?

• Vision test:

Glasses or contact lenses are required if you use them.

• Measurement:

Your height and weight will be taken, blood pressure checked and you will see a doctor.

• Urinalysis:

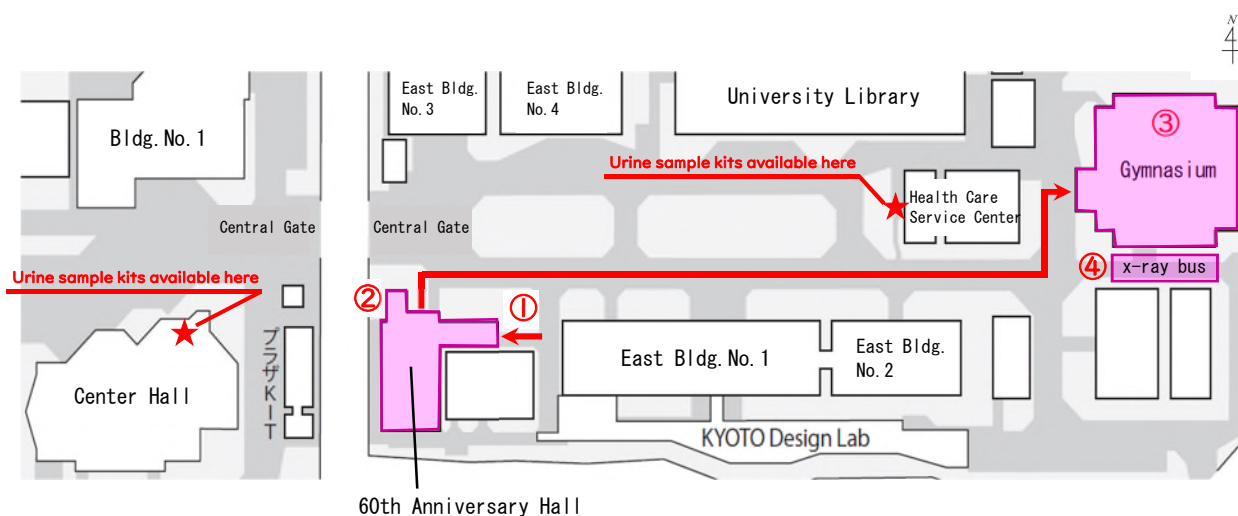
Collect urine on the morning of the day of the examination. If you are on your period (menstruating), do not collect urine.

• Chest x-ray:

For the x-ray, do not wear underwear with embroidery or prints, wired/unwired bras, bra tops, or shirts with cups. We advise you to wear or bring a plain thin t-shirt.

6. Health Check Procedure

- ① Show your student ID card and receive a medical questionnaire. Fill out the medical questionnaire on the 1st floor of the 60th Anniversary Hall. Then submit your urine sample in the container you brought with you (if you are menstruating, inform the staff).
 - ② Go to the gymnasium, from the north exit of the 60th Anniversary Hall, to be measured and weighed. See the doctor for a checkup.
 - ③ Go to the mobile x-ray bus and have an x-ray taken.
- * When you line up for your health check, follow directions and stop at the lines indicating where you should stand. If needed, entry may be controlled to prevent crowding.
 - * Anyone leaving the health exam before completing all the check-ups should return their medical form to the staff on the first floor of the 60th Anniversary Hall.



7. Follow-up Examinations

If you are requested to have another urine test or chest X-ray, the Health Service Center will contact you at a later date. If your situation is urgent, the Health Service Center may contact you by phone.

8. Also Be Aware That

- ① The "Certificate of Health" issued following this exam is required for job-hunting activities, scholarship applications, care-giving experience for teacher training and official athletic competitions. The certificate will not be issued until you have undergone all the check-ups in this health examination. If you are required to have a follow-up examination, it must also be completed before your certificate will be issued.
- ② We will begin issuing health certificates in June. If you need a health certificate before that time, go to a medical institution to have a health checkup and receive a certificate. (Students who have the health examination at an off-campus facility must cover the required costs themselves.)
- ③ If you are unable to come on the designated day and time, please be sure to contact the Health Service Center. We can guide you to facilities where you can receive free medical examinations during the month of April.

Inquiries: Health Care Service Center
Tel: 075-724-7173

Health Exam Schedule

Academic year		Apr 8 (Mon)				Apr 9 (Tue)				Apr 10 (Wed)				Apr 11 (Thu)			
		8:50 ~ 10:20	10:20 ~ 12:00	13:00 ~ 14:30	14:30 ~ 16:30	8:50 ~ 10:20	10:20 ~ 12:00	13:00 ~ 14:30	14:30 ~ 16:30	8:50 ~ 10:20	10:20 ~ 12:00	13:00 ~ 14:30	14:30 ~ 16:30	8:50 ~ 10:20	10:20 ~ 12:00	13:00 ~ 14:30	14:30 ~ 16:30
		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
Undergraduates	1st	Men						Women									
	2nd														Men		
	3rd					Men											
	4th and over								Women		Men						
Master's				Men				Women									
Doctoral Non-degree students										Women						Men	

※Have your health exam on your designated date and time.
 ※Come to the reception desk with ample time to spare.